Good Study Habits
Extra credit assignment

Due for up to 16 extra credit points: Thursday, April 18, 2019 (not accepted late)
Be sure to double-space your answers (all assignments in the class must be double spaced)

If you think your study habits could use a little improving, consider reading this article today.

Read “Forget What You Know about Good Study Habits” in the New York Times (see the link on my Psych 100 page of my web site). Be sure to read all pages. (Hint: If you click on the "print" link on the right of the article, even if you do not print it, it will show you the entire article, and you will not have to click through the pages to make sure you read them all)

1. In one paragraph, identify and briefly describe the study techniques recommended by this article.
2. In one to two paragraphs discuss to what extent you engage in those study techniques (or what you do instead of those techniques). Please refer to all of the techniques (or, again, what you do instead of each).
3. In one to two paragraphs discuss the changes, if any, you plan to make to your study technique, based on the article.
4. Choose one experiment described in the article and identify the independent and dependent variables. Be sure it is clear which experiment you are referring to.