AIM for Success

Welcome to Basic College Mathematics: An Applied Approach. As you begin this course, we know two important facts: (1) We want you to succeed. (2) You want to succeed. To do that requires an effort from each of us. For the next few pages, we are going to show you what is required of you to achieve that success and how you can use the features of this text to be successful.

Motivation

One of the most important keys to success is motivation. We can try to motivate you by offering interesting or important ways mathematics can benefit you. But, in the end, the motivation must come from you. On the first day of class, it is easy to be motivated. Eight weeks into the term, it is harder to keep that motivation.

TAKE NOTE

Motivation alone will not lead to success. For instance, suppose a person who cannot swim is placed in a boat, taken out to the middle of a lake, and then thrown overboard. That person has a lot of motivation but there is a high likelihood the person will drown without some help. Motivation gives us the desire to learn but is not the same as learning.

To stay motivated, there must be outcomes from this course that are worth your time, money, and energy.

List some reasons you are taking this course.

Although we hope that one of the reasons you listed was an interest in mathematics, we know that many of you are taking this course because it is required to graduate, it is a prerequisite for a course you must take, or because it is required for your major. Although you may not agree that this course is necessary, it is! If you are motivated to graduate or complete the requirements for your major, then use that motivation to succeed in this course. Do not become distracted from your goal to complete your education!

Commitment

To be successful, you must make a commitment to succeed. This means devoting time to math so that you achieve a better understanding of the subject.

List some activities (sports, hobbies, talents such as dance, art, or music) that you enjoy and at which you would like to become better.

ACTIVITY TIME SPENT TIME WISHED SPENT

Thinking about these activities, put the number of hours that you spend each week practicing these activities next to the activity. Next to that number, indicate the number of hours per week you would like to spend on these activities.

Whether you listed surfing or sailing, aerobics or restoring cars, or any other activity you enjoy, note how many hours a week you spend doing it. To succeed in math, you must be willing to commit the same amount of time. Success requires some sacrifice.

The "I Can't Do Math" Syndrome There may be things you cannot do, such as lift a two-ton boulder. You can, however, do math. It is much easier than lifting the two-ton boulder. When you first learned the activities you listed above, you probably could not do them well. With practice, you got better. With practice, you will be better at math. Stay focused, motivated, and committed to success.

It is difficult for us to emphasize how important it is to overcome the "I Can't Do Math" Syndrome. If you listen to interviews of very successful atheletes after a particularly bad performance, you will note that they focus on the positive aspect of what they did, not the negative. Sports psychologists encourage athletes to always be positive—to have a "Can Do" attitude. Develop this attitude toward math.

Strategies for Success

Textbook Review Right now, do a 15-minute "textbook review" of this book. Here's how:

First, read the table of contents. Do it in three minutes or less. Next, look through the entire book, page by page. Move quickly. Scan titles, look at pictures, notice diagrams.

A textbook review shows you where a course is going. It gives you the big picture. That's useful because brains work best when going from the general to the specific. Getting the big picture before you start makes details easier to recall and understand later on.

Your textbook review will work even better if, as you scan, you look for ideas or topics that are interesting to you. List three facts, topics, or problems that you found interesting during your textbook review.

The idea behind this technique is simple: It's easier to work at learning material if you know it's going to be useful to you.

Not all the topics in this book will be "interesting" to you. But that is true of any subject. Surfers find that on some days the waves are better than others, musicians find some music more appealing than other music, computer gamers find some computer games more interesting than others, car enthusiasts find some cars more exciting than others. Some car enthusiasts would rather have a completely restored 1957 Chevrolet than a new Ferrari.

Know the Course Requirements To do your best in this course, you must know exactly what your instructor requires. Course requirements may be stated in a syllabus, which is a printed outline of the main topics of the course, or they may be presented orally. When they are listed in a syllabus or on other printed pages, keep them in a safe place. When they are presented orally, make sure to take complete notes. In either case, it is important that you understand them completely and follow them exactly. Be sure you know the answer to each of the following questions.

- 1. What is your instructor's name?
- 2. Where is your instructor's office?
- 3. At what times does your instructor hold office hours?
- 4. Besides the textbook, what other materials does your instructor require?
- 5. What is your instructor's attendance policy?
- **6.** If you must be absent from a class meeting, what should you do before returning to class? What should you do when you return to class?

8. What options are available if you are having difficulty with an assignment? Is there a math tutoring center?

- 9. If there is a math lab at your school, where is it located? What hours is it open?
- 10. What is the instructor's policy if you miss a quiz?
- 11. What is the instructor's policy if you miss an exam?
- 12. Where can you get help when studying for an exam?

Remember: Your instructor wants to see you succeed. If you need help, ask! Do not fall behind. If you are running a race and fall behind by 100 yards, you may be able to catch up but it will require more effort than had you not fallen behind.

TAKE NOTE

Besides time management, there must be realistic ideas of how much time is available. There are very few people who can successfully work full-time and go to school full-time. If you work 40 hours a week, take 15 units, spend the recommended study time given at the right, and sleep 8 hours a day, you will use over 80% of the available hours in a week. That leaves less than 20% of the hours in a week for family, friends, eating, recreation, and other activities.

Time Management We know that there are demands on your time. Family, work, friends, and entertainment all compete for your time. We do not want to see you receive poor job evaluations because you are studying math. However, it is also true that we do not want to see you receive poor math test scores because you devoted too much time to work. When several competing and important tasks require your time and energy, the only way to manage the stress of being successful at both is to manage your time efficiently.

Instructors often advise students to spend twice the amount of time outside of class studying as they spend in the classroom. Time management is important if you are to accomplish this goal and succeed in school. The following activity is intended to help you structure your time more efficiently.

List the name of each course you are taking this term, the number of class hours each course meets, and the number of hours you should spend studying each subject outside of class. Then fill in a weekly schedule like the one printed below. Begin by writing in the hours spent in your classes, the hours spent at work (if you have a job), and any other commitments that are not flexible with respect to the time that you do them. Then begin to write down commitments that are more flexible, including hours spent studying. Remember to reserve time for activities such as meals and exercise. You should also schedule free time.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7–8 a.m.							
8-9 a.m.							
9–10 a.m.							
10-11 a.m.							
11-12 p.m.							
12-1 p.m.							
1-2 p.m.							
2-3 p.m.							
3-4 p.m.							
4-5 p.m.							
5-6 p.m.							
6–7 p.m.							
7–8 p.m.							
8-9 p.m.							
9-10 p.m.							
10-11 p.m.							
11-12 a.m.							

We know that many of you must work. If that is the case, realize that working 10 hours a week at a part-time job is equivalent to taking a three-unit class. If you must work, consider letting your education progress at a slower rate to allow you to be successful at both work and school. There is no rule that says you must finish school in a certain time frame.

Schedule Study Time As we encouraged you to do by filling out the time management form above, schedule a certain time to study. You should think of this time the way you would the time for work or class—that is, reasons for missing study time should be as compelling as reasons for missing work or class. "I just didn't feel like it" is not a good reason to miss your scheduled study time.

Although this may seem like an obvious exercise, list a few reasons you might want to study.

Of course we have no way of knowing the reasons you listed, but from our experience one reason given quite frequently is "To pass the course." There is nothing wrong with that reason. If that is the most important reason for you to study, then use it to stay focused.

One method of keeping to a study schedule is to form a *study group*. Look for people who are committed to learning, who pay attention in class, and who are punctual. Ask them to join your group. Choose people with similar educational goals but different methods of learning. You can gain insight from seeing the material from a new perspective. Limit groups to four or five people; larger groups are unwieldy.

There are many ways to conduct a study group. Begin with the following suggestions and see what works best for your group.

- Test each other by asking questions. Each group member might bring two or three sample test questions to each meeting.
- 2. Practice teaching each other. Many of us who are teachers learned a lot about our subject when we had to explain it to someone else.
- Compare class notes. You might ask other students about material in your notes that is difficult for you to understand.
- 4. Brainstorm test questions.
- Set an agenda for each meeting. Set approximate time limits for each agenda item and determine a quitting time.

And now, probably the most important aspect of studying is that it should be done in relatively small chunks. If you can only study three hours a week for this course (probably not enough for most people), do it in blocks of one hour on three separate days, preferably after class. Three hours of studying on a Sunday is not as productive as three hours of paced study.

Text Features That Promote Success

There are 12 chapters in this text. Each chapter is divided into sections, and each section is subdivided into learning objectives. Each learning objective is labeled with a letter from A to D.

Preparing for a Chapter Before you begin a new chapter, you should take some time to review previously learned skills. There are two ways to do this. The first is to complete the **Cumulative Review Exercises**, which occurs after every chapter (except Chapter 1). For instance, turn to page 231. The questions in this review are taken from the previous chapters. The answers for all these exercises can be found on page A11. Turn to that page now and locate the answers for the Chapter 5 Cumulative Review Exercises. After the answer to the first exercise, which is 4, you will see the objective reference [1.6B]. This means that this question was taken from Chapter 1, Section 6, Objective B. If you missed this question, you should return to that objective and restudy the material.

A second way of preparing for a new chapter is to complete the *Prep Test*. This test focuses on the particular skills that will be required for the new chapter. Turn to page 202 to see a Prep Test. The answers for the Prep Test are the first set of answers in the answer section for a chapter. Turn to page A10 to see the answers for the Prep Test for Chapter 5. Note that an objective reference is given for each question. If you answer a question incorrectly, restudy the objective from which the question was taken.

Before the class meeting in which your professor begins a new section, you should read each objective statement. Next, browse through the objective material, being sure to note each word in bold type. These words indicate important concepts that you must know in order to learn the material. Do not worry about trying to understand all the material. Your professor is there to assist you with that endeavor. The purpose of browsing through the material is that when it is presented to you, your brain will be prepared to accept and organize the new information.

Turn to page 3. Write down the title of the first objective in Section 1.1. Under

for you to understan	ge that are in bold print. these words. You are in

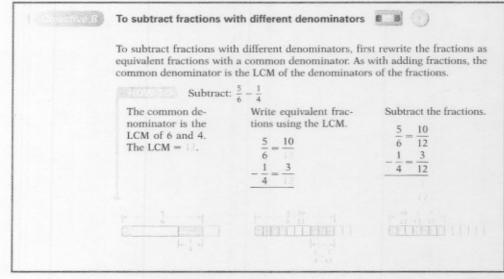
Math Is Not a Spectator Sport To learn mathematics you must be an active participant. Listening and watching your professor do mathematics is not enough. Mathematics requires that you interact with the lesson you are studying. If you filled in the blanks above, you were being interactive. There are other ways this textbook has been designed to help you be an active learner.

Annotated Examples The HOW TO feature indicates an example with explanatory remarks to the right of the work. Using paper and pencil, you should work along as you go through the example.

When you complete the example, get a clean sheet of paper. Write down the problem and then try to complete the solution without referring to your notes or the book. When you can do that, move on to the next part of the objective.

Leaf through the book now and write down the page numbers of two other occurrences of a HOW TO feature.

$$\frac{\frac{5}{6} = \frac{10}{12}}{-\frac{1}{4} = \frac{3}{12}}$$
$$\frac{\frac{7}{12}}{12}$$



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You Try Its One of the key instructional features of this text is the paired examples. Notice that in each example box, the example on the left is completely worked out and the "You Try It" example on the right is not. Study the worked-out example carefully by working through each step. Then work the You Try It. If you get stuck, refer to the page number at the end of the example which directs you to the page on which the You Try It is solved—a complete worked-out solution is provided. Try to use the given solution to get a hint for the step you are stuck on. Then try to complete your solution.

Subtract: $\frac{11}{16} - \frac{5}{12}$		Subtract: $\frac{13}{18} - \frac{7}{24}$
Solution	$\frac{11}{16} = \frac{33}{48}$ • LCB# = 48	Your solution $\frac{13}{18} = \frac{52}{72}$
	$-\frac{5}{12} = \frac{20}{48}$	$-\frac{7}{24} = \frac{21}{72}$
	13 48	31 72
		Solution on p. Si

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When you have completed your solution, check your work against the solution we provided. (Turn to page S6 to see the solution of You Try It 2.) Be aware that frequently there is more than one way to solve a problem. Your answer, however, should be the same as the given answer. If you have any question as to whether your method will "always work," check with your instructor or with someone in the math center.

Browse through the textbook and write down the page numbers of two other occurrences of the paired example feature.

Remember: Be an active participant in your learning process. When you are sitting in class watching and listening to an explanation, you may think that you understand. However, until you actually try to do it, you will have no confirmation of the new knowledge or skill. Most of us have had the experience of sitting in class thinking we knew how to do something only to get home and realize that we didn't.

Word Problems Word problems are difficult because we must read the problem, determine the quantity we must find, think of a method to do that, and then

TAKE NOTE

There is a strong connection between reading and being a successful student in math or any other subject. If you have difficulty reading, consider taking a reading course. Reading is much like other skills. There are certain things you can learn that will make you a better reader.

actually solve the problem. A short summary of this process is to formulate a strategy to solve the problem and then devise a solution.

Note in the paired example below that part of every word problem is a strategy and a solution. The strategy is a written description of how we will solve the problem. In the corresponding You Try It, you are asked to formulate a strategy. Do not skip this step and be sure to write it out.

A $2\frac{2}{3}$ -inch piece is cut from a $6\frac{5}{9}$ -inch board. How much of the board is left?

Strategy

To find the length remaining, subtract the length of the piece cut from the total length of the board.



Solution
$$6\frac{5}{8} = 6\frac{15}{24} = 5\frac{3}{2}$$

 $-2\frac{2}{3} = 2\frac{16}{24} = 2\frac{1}{2}$

 $3\frac{23}{24}$ inches of the board are left.

You Try It 6

A flight from New York to Los Angeles takes $5\frac{1}{5}$ hours. After the plane has been in the air for 23 hours, how much flight time remains?

Your strategy

To find how much flight time remains, subtract the amount of time the plane has been in the

air
$$\left(2\frac{3}{4}\right)$$
 from the total time for the trip $\left(5\frac{1}{2}\right)$.

$$5\frac{1}{2} = 5\frac{2}{4} = 4\frac{6}{4}$$
$$-2\frac{3}{4} = 2\frac{3}{4} = 2\frac{3}{4}$$
$$2\frac{3}{4}$$

 $2\frac{3}{4}$ hours of flight time remains.

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Rule Boxes Pay special attention to rules placed in boxes. These rules give you the reasons certain types of problems are solved the way they are. When you see a rule, try to rewrite the rule in your own words.

To use the Order of Operations Agreement to simplify expressions





More than one operation may occur in a numerical expression. The answer may be different, depending on the order in which the operations are performed. For example, consider $3 + 4 \times 5$.

Multiply first, then add. $3 + 4 \times 5$

$$\underbrace{\frac{3+4}{7\times5}}$$

An Order of Operations Agreement is used so that only one answer is possible.

The Order of Operations Agreement

Step 1. Do all the operations inside parentheses.

Step 2. Simplify any number expressions containing exponents.

Step 3. Do multiplication and division as they occur from left to right.

Step 4. Do addition and subtraction as they occur from left to right.

Parentheses

TAKE NOTE

If you are working at home and need assistance, there is online help available at math.college.hmco.com/ students, at this text's website. Chapter Exercises When you have completed studying an objective, do the exercises in the exercise set that correspond with that objective. The exercises are labeled with the same letter as the objective. Math is a subject that needs to be learned in small sections and practiced continually in order to be mastered. Doing all of the exercises in each exercise set will help you master the problem-solving techniques necessary for success. As you work through the exercises for an objective, check your answers to the odd-numbered exercises with those in the back-of the book.

Preparing for a Test There are important features of this text that can be used to prepare for a test.

- · Chapter Summary
- · Chapter Review Exercises
- · Chapter Test

After completing a chapter, read the Chapter Summary. (See pages 116–118 for the Chapter 2 Summary.) This summary highlights the important topics covered in the chapter. The page number following each topic refers you to the page in the text on which you can find more information about the concept.

Following the Chapter Summary are Chapter Review Exercises (see page 119) and a Chapter Test (see page 121). Doing the review exercises is an important way of testing your understanding of the chapter. The answer to each review exercise is given at the back of the book along with its objective reference. After checking your answers, restudy any objective from which a question you missed was taken. It may be helpful to retry some of the exercises for that objective to reinforce your problem-solving techniques.

The Chapter Test should be used to prepare for an exam. We suggest that you try the Chapter Test a few days before your actual exam. Take the test in a quiet place and try to complete the test in the same amount of time you will be allowed for your exam. When taking the Chapter Test, practice the strategies of successful test takers: 1) scan the entire test to get a feel for the questions; 2) read the directions carefully; 3) work the problems that are easiest for you first; and perhaps most importantly, 4) try to stay calm.

When you have completed the Chapter Test, check your answers. If you missed a question, review the material in that objective and rework some of the exercises from that objective. This will strengthen your ability to perform the skills in that objective.

Is it difficult to be successful? YES! Successful music groups, artists, professional athletes, chefs, and Write your major here have to work very hard to achieve their goals. They focus on their goals and ignored distractions. The things we ask you to do to achieve success take time and commitment. We are confident that if you follow our suggestions, you will succeed.